



Feature Article: The impact of Violence on our Families and Communities

Children are being raised in a number of violent situations from domestic violence in the home to street/gang violence in the neighborhood, to violence on the television and war around the world.

[READ ARTICLE](#)



Family Time

Building Positive Social-Emotional Skills in Children

October hosts “Red Ribbon” week (anti-drugs) and raises awareness about bullying. These are both good topics for family meeting discussions. Drug awareness is always important information for parents and children/teens to share. Not just lectures by parents but honest discussion about what children/teens are seeing and hearing at school and in the community. Bullying behavior needs to be understood in relation to social-emotional development. Use the ideas in this article [***"Building Positive Social-Emotional Skills in Children"***](#) to guide a discussion and implement age-appropriate activities

[READ ARTICLE](#)



Senior Corner

As 2025 draws to a close it is a good time to reflect on what went well and what we would change for the coming year. We are never too old to “Take Stock” and make changes to improve the quality of our lives, keep ourselves safe and enjoy every day. Use the [*“Nine Guide Points to Enjoying the Golden Years”*](#) in this process on your own or with friends. It will be enlightening and fun!

[READ ARTICLE](#)



Faith Leader Support

All holy books teach love, compassion and peaceful resolution. However, it is challenging to implement these principles when people and faith groups are often attacked.

We strive to support all faith communities through

- The resources on our website
- Online classes for faith leaders like Teaching Compassion to Children
- The Consoling Ministry program designed for all faith communities.

Learn more on the website or call us at [951-310-4944](tel:951-310-4944)

[VISIT WEBSITE](#)



Healing Through Art Program

The fall series Healing Through Art program began in late September for children and teens who are grieving losses in their lives including relative death, divorce, foster placement, family separation through deportation, deployment, incarceration, family illness and other traumas.

Taught by Artists from the Corona Art Association youth explore art and emotions through process art using various art media.. Grief support and resources are provided by The Stephan Center counseling team for parents and youth. Support of the program this fall is provided by IEHP and Pilgrim Congregational Church.

[LEARN MORE](#)

A Big Thank You to our 25-26 Community Partners!

- California Baptist University; Master in Social Work Intern program

- Christian Art Theater
- Corona Art Association
- National Charity League
- Pilgrim Congregational Church, Pomona, Ca
- Thomas Miller Mortuary, Corona Ca
- University of Nevada -Reno; Master In Public Health Intern program

Coming in October



FREE Classes Resources Parents in English and Spanish (Foster, Grandparents and Kinship)

Classes are offered in person and virtually. All classes meet state requirements for all Foster placement licenses. Take classes that are most relevant for your family.

[**VIEW CLASSES OR REGISTER ONLINE**](#)

Always Available

Become Certified:

**Do you work with children, families, adults who are
or have experienced trauma in their lives?**

You need to be Trauma-Informed Certified! This unique 12 module, 24-hour online program will provide you with information and tools to understand, support and assist children and adults with lifelong

healing. Register TODAY at thestephcenter.org! Earn your digital certification badge! Special discount rates for groups.

[REGISTER ONLINE](#)

Online Classes

Are at your fingertips! Check out the topics, take a class today, earn professional development credits!

Easy, Quick, affordable!

[VIEW CLASSES](#)



Donations support these unique programs

- Free Weekly tips to maintain positive Mental Health
- Free Foster Parenting tips (appropriate for all parents/grandparents)
- Free Monthly e-newsletter with a variety of resources, articles and information
- Free Robust website with information, resources, articles and educational opportunities with Special designated pages for Fathers and in Spanish

- Website is a resource for agencies and service organizations internationally

DONATE TODAY

FOLLOW US



Follow us on social media for weekly
Mental Health and/or Foster Parent tips!



The Stephan Center | PO BOX 77813 | Corona, CA 92877 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!