



JUNE IS  
**National**  
**Safety**  
MONTH

**Feature Article:**  
**Understanding Being Safe**



We talk about being safe. We tell those we love to “be safe”. We want to live in “safe” neighborhood. We want to feel safe when we travel, go out in

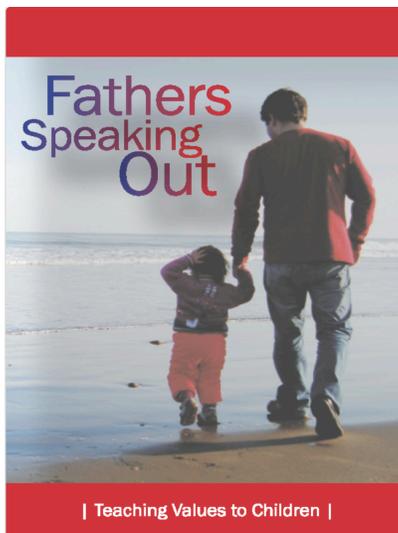
the community, drive through neighborhoods, send our children out to school. But what does it mean to “be safe”. From where does our strong need to be safe come? How do we secure safety for ourselves, our family, our community?

[READ ARTICLE](#)



## Father's Day: June 16th

Man, he's old: Experts believe the word "dad" dates back to the 16 century but the First Father's Day in the US was celebrated on June 19, 1910 in Spokane, Washington. Use Father's Day and the month of June as an opportunity to define your family values.



### Fathers Speaking Out

Learn how to define your family values with the unique video: Fathers Speaking Out; Teaching Values to Children.

[Get Video Here](#)



## Feature Article: **The Importance Of Dads**

“I need a Daddy to be a Child” states 4 year old Tara. Tara lived with her mother and did not know about Daddies in a home until she visited a friend with two parents in the home. What did you do with my Daddy? Tara asked her Mother.

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## Senior Corner: **10 Health Tips for Seniors**

People who had good healthy habits when they were younger tend to become healthy seniors, but it is never too late. Good health habits can make a difference even to seniors who are prone to illness or have not made their health a priority in the past.

READ THESE 10 TIPS



## Family Activities

Involve the whole family in a Home safety review. Everyone can help check and learn about keeping the home environment safe.

HOME SAFETY CHECKLIST

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## What is Happening at The Stephan Center



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