



Winter 2026

Register Online:
thestephancenter.org

FREE FOR YOUTH

Space is limited to
15 students per class

Healing Through Art

Create art projects while exploring the
loss you have experienced

Appropriate for youth in
foster care, out of home
placement, or experiencing
loss through death, illness,
homelessness, parental
deployment, divorce, or other
loss/trauma.

“Process” art activities
assist children grieving
losses. Through the creative
process children/teens find
inner comfort, calmness
and peace for healing.

5-7 Yrs **Wednesdays**
3:00-3:45

8-12 Yrs **Wednesdays**
4:00-5:00

January 28
February 4
February 11
February 18
February 25
March 4

13-17 Yrs **Thursdays**
4:30-6:00

January 29
February 5
February 12
February 19
February 26
March 5



Hosted by: The Stephan Center in partnership with CAA

