



Winter 2026

Register Online:  
[thestephancenter.org](http://thestephancenter.org)

FREE FOR YOUTH

Space is limited to  
15 students per class

# Healing Through Art

Create art projects while exploring the  
loss you have experienced

Appropriate for youth in  
foster care, out of home  
placement, or experiencing  
loss through death, illness,  
homelessness, parental  
deployment, divorce, or other  
loss/trauma.

“Process” art activities  
assist children grieving  
losses. Through the creative  
process children/teens find  
inner comfort, calmness  
and peace for healing.

5-7 Yrs  
Wednesdays  
3:00-3:45

8-12 Yrs  
Wednesdays  
4:00-5:00

January 28  
February 4  
February 11  
February 18  
February 25  
March 4

13-17 Yrs  
Thursdays  
4:30-6:00

January 29  
February 5  
February 12  
February 19  
February 26  
March 5



Hosted by: The Stephan Center in partnership with CAA

