



2023-2024 Highlights

Did You Know?

- 1 in 12 children will have a parent die before they graduate from high school.
- Children choose to stay in a grief support program for an average of 3 years.
- Becoming widowed increases the mortality rate by 48%.
- 60,000 children in the US are in need of foster placement.
- Unsupported trauma and loss lead to increased addiction, school dropout, unemployment, homelessness, and incarceration.
- The grieving process is not limited to death-related loss but to all trauma and loss incidents.

The Stephan Center provided support to children, families, and seniors experiencing trauma and loss in 2023-2024

Regional Programs:

The Live Theater Event:

- Introduced **250 Foster and at-risk youth** and Caregivers to a night at the theater and supported pleasure reading with free books. This year's production was The Lion King Jr.

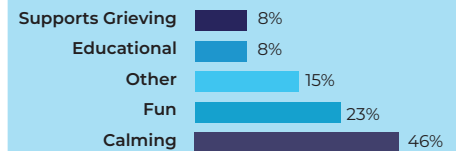
Educational Series for Foster and Kinship:

- **Over 200 Foster/Kinship Caregivers** met licensing requirements and expanded their trauma-based parenting skills through monthly classes.

Healing Through Art Program:

- Supported **90 children** in the exploration of art as a healing tool.
- Provided over **100 parents/caregivers** with grief-based information and resources to support themselves and their families.
- **100% of youth** enjoyed the classes.

Kids Overall Thoughts on Program



National Programs:

Online courses for Professionals Caregivers

Trauma-Informed Program:

- **20 individuals** completed certification, making over 100 certified professionals.
- **100% of participants** found content applicable to daily lives.
- **94% of participants** recommend program.

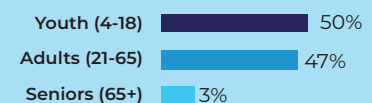
Did You Know?

- 2/3 of kids are affected by trauma by age 16
- 1 in 7 children experience abuse and neglect in the last year.
- Children who experience trauma are 2x more likely to develop depression and 3x more likely to develop anxiety.

Walking a New Path; After Your Spouse Dies:

- This series assisted **18 widowed persons** with their healing journey.
- **100% of participants** found the sessions to be "extremely effective" in guiding them through the grieving and healing process.
- Participants found the resources like "**New Normals**" being the most helpful.

Age Ranges of Our Participants



International Programs:

Website

- Offering information, articles and resources in **English and Spanish**.
- **25% of the website access** comes from outside the United States.

Social Media:

- Weekly **Mental Health and Foster Parent** "Tips"

Monthly E-Newsletter

- Provides valuable information, classes, articles, upcoming updates, events, and useful resources.



Funders:

- **Widowed series:** IEHP, Molina, Woman's Improvement Club
- **Spanish translation project:** Molina, Riverside County Dept of Mental Health
- **Live Theater Evening:** First 5 Riverside, Corona Firefighters, Woman's Improvement Club Barne's & Noble, Sprout's, WalMart, Private Doners
- **Healing Through Art program:** City of Corona, DemDaco

Our Community Partners:

- Christian Art Theater (CAT)
- Corona Art Association (CAA)
- Riverside Community College
- Dept of Social Service
- Corona-Norco Unified School District Parent Center
- City of Corona
- 211LA
- Toberman Settlement House

Meet Our Board Members and Team

Our Board:

- Bill Stephan - Chair
- Chuck Stephan - Vice Chair
- Jeff Wells - Treasurer
- Cherri Stephan
- Matthias Stephan
- Nick Stephan
- Morgan Stephan
- Matt Stephan
- Jordawn Howard
- Kate Wells

Our Team:

- **Administration Team:** Victoria Stephan, Sue Hauptert, UNR Interns
- **Training Team:** Judy Figal, Magdalene Harris, Paulina Jaramillo
- **Digital Design Team:** Elizabeth Hernandez, Charlotte Erling, Kerry Kline